

*Cascades East AHEC promotes solid health career pathways for elementary through high school students, particularly those from rural and under-served communities.*



## Teacher Resources 9-12 Grades



*Cascades East Area Health Education Center (CEAHEC) is located at St. Charles Medical Center in Bend Oregon. We offer free educational resources and events for teachers and students in central Oregon. Our mission is to provide solid K-12 programs to help enhance student's pathways into a career in health or science.*

K-12 Health and Science Career Coordinator  
2500 NE Neff Rd  
Bend OR 97701

Phone: 541-706-2773  
Fax: 541-706-6991

### • Videos on Loan:

1. Health Technicians and Technologists (Dental, Radiology, Lab)
2. Top Careers in 2 Years (LPN, Surgical, Physical Therapy)
3. The Road to Success- Careers in Medicine
4. EMTs, Nurses, Therapist, and Assistants
5. Addiction—HBO Series
6. Cracking College-7 secrets of savvy students
7. Media Impact & Influences- Real Life Teens
8. Drugs and the Developing Brain
9. Organ Donation Video
10. Fast Forward to Your Future (VHS only)

### • Health Games

1. Medical Monopoly
2. Nursing Decision Making Game
3. My Pyramid Game (nutrition)

### • Curricula/w Videos:

SMART Body Systems A & P Set (see detail handout for information on this)

### • Summer Medical Camps @ EOU and OHSU

EOU: MedQuest (9-12 grades)

OHSU: Jr. MedStars (8-10th grades)

MedStars (11-12 grades)

- **National Youth Health Service Corps—YHSC—Service Learning Club/ Curriculum for High School Students:**

1. Leadership & Service Learning
2. Vulnerable Populations
3. Ethical and Legal Issues
4. Health Care Skills and Health Career Exploration

### Hands-On Classroom Tools:

- Suture simulation kit
- BP Cuffs & Stethoscopes
- Microscopes & Slides
- Science experiment materials/classroom activities



K-12 Health & Science

Cascades East AHEC at SCHS

2500 NE Neff Rd

Bend, OR 97701

Inquiries: 541-706-2773 or  
541-706-2617