

# Cascades East AHEC News

## February - March 2003

### Upcoming Opportunities

Here are a few educational opportunities that may be of interest:

- Feb 3 - March 9, Online Substance Abuse Training. Contact Denise Grothaus (888) 734-7476 or visit <http://www.unr.edu/westcapt/trainsched.htm>.
- Feb 6 - 7, 8th Annual Perinatal Symposium in the Cascades, Bend. Contact St. Charles Medical Center at (541) 388-7710.
- March 3 - 6, Governor's Occupational Safety & Health Conference, Oregon Convention Center, Portland. Contact Conference Section (503) 378-3272.
- April 10 - 11, Annual Kinsman Conference Legacy Emanuel Hospital, Portland. Contact (503) 413-7558.
- April 11 - 13, Newport EMS Conference, Newport. Contact (800) 441-1125.
- May 1 - 3, Rural Aspects of Emergency Medicine EMS Conference, Timberline Lodge, Mt Hood. Contact [markl@boringfire.com](mailto:markl@boringfire.com).
- May 3, EMS Instructor Workshop, Bend. Contact St. Charles Medical Center (541) 388-7710.
- May 12 - 13, May 27 - 28, and Jun 9 - 10, Introduction to Critical Care Nursing, Greater Portland Chapter - AACN. Contact Jamie Enders (503) 674-3560, or [jamiagpc@aol.com](mailto:jamiagpc@aol.com).
- June 6 - 28, Fridays 6:30 - 9:30 pm and Saturday 8:00 a.m. - 4:00 p.m., EMS Instructor Development Course, Bend. Contact St. Charles Medical Center (541) 388-7710.
- June 13 - 14, Mental Health and Primary Care Conference, Bend. Contact CEAHEC at (541) 388-7710.

### EMT Education Fund

The EMT Education Fund is intended to help small Oregon communities support the education and certification of Emergency Medical Technicians and First Responders.

#### Who Is Eligible?

Priority will be given to applications which are regional requests. Additionally, programs are prioritized and funded in the following order until all funds have been distributed:

- Priority 1: Certification education for new EMT Basics or Intermediates
- Priority 2: Continuing education for EMT Basics or Intermediates
- Priority 3: Certification education for new First Responders

#### Travel Reimbursement:

Once your class is completed, your agency can apply for travel reimbursement.

Required information will be: (1) documentation of successful completion of the course; (2) travel records; and (3) statement justifying the travel costs. The agency will be compensated for not more than \$200 per person for travel costs associated with the educational program(s). Reimbursement request forms will be sent at the time the funding application is approved.

#### When to Apply for Educational Funds

There are four funding cycles each year. The funding cycles deadlines are October 1, December 1, March 1 and July 7. It will take approximately 30 days after each deadline before you will be notified of your funding status.

For more information go to NEOAHEC web site: <http://www2.eou.edu/neoahec/emtfund.html>.

### Cascades East AHEC Advisory Board

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Residency Program  
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Tom Wright, EMT-P,  
Bend Fire Department and COCC  
Bend

*Ex-Officio Board Members  
Listed on Page 5*

To include information about your upcoming events, send information to Michelle Torsen at SCMC CHL, 2500 NE Neff Rd, Bend, Oregon, 97701, or email "[mtorsen@scmc.org](mailto:mtorsen@scmc.org)"

# February 2003

## Cascades East Area Health Education Center

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1
2	3 ♦Spanish Medical Terminology I	4 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	5 ♦Sisters of Providence Video-conference at Merle West ♦SCMC Cancer Clinical Conf. ♦Anatomy/Physiology Class	6 ♦Spanish Skills Enhancement ♦MW Internal Med Journal Clb ♦SCMC Multid. Breast Conf	7	8 ♦ACLS Renewal Course (SCMC)
				8TH ANNUAL PERINATAL SYMPOSIUM IN THE CASCADES		
9	10 ♦Spanish Medical Terminology I	11 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	12 ♦Sisters of Providence Video conference at Merle West ♦Anatomy/Physiology Class	13 ♦Spanish Skills Enhancement Class	14 ♦SCMC Grand Rounds	15 ♦Adult & Pediatric Heartsaver CPR and First Aid
16	17 ♦Spanish Medical Terminology II ♦High School Health Occupation Orientation	18 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference ♦Clinical Trials Education Program ♦CEAHEC Board Meeting	19 ♦Sisters of Providence Video Conference at Merle West ♦Anatomy/Physiology Class ♦HCP CPR Completion	20 ♦Merle West Pediatric Journal Club ♦Spanish Skills Enhancement Class	21 ♦SCMC Grand Rounds ♦New Ideas in Hormone Based Therapy	22 ♦ACLS Renewal Course (COCH)
				RESILIENCY & RENEWAL		
23	24 ♦Spanish Medical Terminology II	25 ♦Merle West RMT Grand Rounds ♦SCMC Cardiac Clinical Conference	26 ♦Sisters of Providence Video Conference at Merle West ♦Anatomy/Physiology	27 ♦Spanish Skills Enhancement Class	28 ♦SCMC Grand Rounds	
			PEOPLE CENTERED TEAMS			

### For information about February Health Observations:

**American Heart Association:**  
 phone: 800-AHA.USA1  
 web: [www.americanheart.org](http://www.americanheart.org)

**American Dental Association:**  
 phone: 800-947-4746  
 web: [www.ada.org](http://www.ada.org)

February is  
**American Heart Month**  
**Children's Dental Health Month**

# February 2003 Calendar Program Information

- Feb 3** **Spanish Medical Terminology I:** Applications required; part of Portland Community College Healthcare Interpreter Training Program. Contact Lyn Bogie at Cascades East AHEC, (541) 383-6861 for more information. Classes conclude Feb.10, 2003. ■
- Feb 4** **Merle West Grand Rounds:** Topic to be Announced, SDR, 7:00 - 8:00 a.m., monthly each Tuesday. ●
- Feb 4** **SCMC Cardiac Clinical Conference:** SCMC, Conference Room D; Telehealth broadcast, 12:30 - 1:30 p.m., monthly each Tuesday. ■
- Feb 5** **SCMC Cancer Clinical Conference (Tumor Board):** SCMC, Conference Rooms A & D; Telehealth broadcast, 7:00 - 8:00 a.m., monthly each Wednesday. ■
- Feb 5** **Sisters of Providence Videoconference at Merle West:** Topic To Be Announced, LRC, 8:00 - 9:00 a.m., monthly each Wednesday. ●
- Feb 5** **Anatomy and Physiology Class:** Applications required; part of Portland Community College Healthcare Interpreter Training Program. Contact Lyn Bogie at Cascades East AHEC, (541) 383-6861 for more information. Classes conclude March 5, 2003. ■
- Feb 6** **AHEC Spanish Skills Enhancement Class:** Applications required; part of Healthcare Interpreter Training Program. Contact Lyn Bogie or Jennifer Valentine at Cascades East AHEC, (541) 383-6861 for more information. Classes conclude March 20, 2003. ■
- Feb 6** **Merle West Internal Medicine Journal Club:** SDR, 7:00 - 8:00 a.m., first Thursday of each month. ●
- Feb 6** **SCMC Multidisciplinary Breast Conference:** SCMC, Conference Room D, and Telehealth broadcast, 7:00 - 8:00 a.m., monthly each Thursday. ■
- Feb 6-7** **8th Annual Perinatal Symposium in the Cascades: "Issues and Controversies in Perinatal Medicine,"** Keynote speaker, Terry Johnson, MN, RNC, ARNP and others focus on perinatal issues of early gestation, multiple gestation and ethical considerations about the issues of viability in the labor and delivery area. Pre-registration required, \$95 physician fee; 65\$ CONet RN & Healthcare Professionals fee. SCMC, Health & Learning Conference Rooms A, B, C & D. Contact (541) 388-7710 for more info.
- Feb 8** **ACLS Renewal Course:** SCMC, Classrooms F,G & H, 8:00 - 4:30 p.m.; \$160 course fee (includes lunch); \$25 ACLS Provider Manual and \$10 Handbook of ECC available. Pre-registration is required: contact (541) 388-7710 to register or for further info.
- Feb 14** **SCMC Grand Rounds: "Linking to Knowledge: The Latest in On-line Information Resources for Health Care Providers,"** Steve Teich, Coordinator for Outreach Services, OHSU, Michael Kelm, Web Services Administrator, SCMC, and Helen Guerrero-Randall, Library Services Technical Asst., SCMC. SCMC, CHL Conference Rooms C & D, Telehealth broadcast, 7:00 - 8:00 a.m. ■
- Feb 15** **Adult & Pediatric Heartsaver CPR and/or First Aid:** SCMC, Classrooms F,G & H, 8:00 - 11:00 a.m. or 8:00 - 5:00 p.m., \$28 for either Adult or Pediatric CPR certification or \$50 for both. Pre-registration is required, contact: (541) 388-7710 to register or futher information.
- Feb 17** **Spanish Medical Terminology II:** Applications required; part of Portland Community College Healthcare Interpreter Training Program. Contact Lyn Bogie at Cascades East AHEC, (541) 383-6861 for more information. Classes conclude March 24, 2003. ■
- Feb 17** **High School Health Occupation Orientation:** SCMC, Conference Rooms A & B. Contact Jennifer Valentine for details at (541) 617-2603.
- Feb 18** **Clinical Trials Education Program:** SCMC Campus. Free session open to the public, patients and healthcare professionals; sponsored by The Cancer Information Service and the Leukemia and Lymphoma Society. Contact Carrie Nass, Cancer Information Service, Pacific Region at (206) 667-5477.
- Feb 18** **CEAHEC Board Meeting:** SCMC, CHL Boardroom. Contact Jennifer Valentine for details at (541) 617-2603.
- Feb 19** **BLS for Healthcare Providers Complete Course:** SCMC Campus, 8:00 - 2:00 p.m., \$40 course fee and pre-registration required. Contact (541) 388-7710 for futher information.
- Feb 20** **Merle West Pediatric Journal Club:** Call Wanda Young at (541) 822-6311 for more information, 7:00 a.m. ●
- Feb 20-21** **Resiliency and Renewal:** Two-day workshop builds on the ideas, skills and experiences introduced in PCT: Healing Our Workplace. Introduces research-based resiliency skills for the workplace to help prevent burnout. SCMC Campus, Conference Room E, 8:00 - 5:30 p.m. Pre-requisite; pre-registration and fee required. Contact: (541) 388-7710 for registration or brochure.
- Feb 21** **SCMC Grand Rounds: "Mental Health Issues of the Elderly,"** Dane K. Wingerson, MD, Assistant Professor, Dept. of Psychiatry and Behavioral Sciences, University of WA, Seattle. SCMC, Conference Rooms C & D, Telehealth broadcast, 7:00 - 8:00 a.m. ■
- Feb 21** **New Ideas in Hormone Based Therapy for Breast Cancer:** SCMC, Conference Room D and Telehealth broadcast, 9:00 - 10:00 a.m. Guest speaker, Robert Boone, M.D. will discuss new options for breast cancer treatment. Pre-registration required to attend at SCMC. Contact: (541) 388-7710 to register or for futher information. ■
- Feb 22** **ACLS Renewal Course:** COCH Campus, 8:00 - 4:30 p.m.; \$160 course fee (includes lunch); \$25 ACLS Provider Manual and \$10 Handbook of ECC available. Pre-registration is required: contact (541) 388-7710 to register or for further info.
- Feb 25** **Merle West RMT Ground Rounds:** call Wanda Young at (541) 822-6311 for more information. ●
- Feb 26-27** **People-Centered Teams: "Healing our Workplace,"** Two-day workshop to promote personal and organizational effectiveness. Designed to help management and employees move more effectively through the rapid changes in today's healthcare environment. Tuition fee and pre-registration are required: contact SCMC Health and Learning at (541) 388-7710 for more information. SCMC, Classroom E, 8:00 - 5:00 p.m.
- Feb 28** **SCMC Grand Rounds: "ACC/AHA Guidelines and Treatment from High-risk Hypertension to Heart Failure,"** Barry Greenberg, MD, Professor of Medicine, University of California, San Diego. SCMC, Conference Rooms C & D, Telehealth broadcast, 7:00 - 8:00 a.m. ■

**For additional information regarding events listed here, including information about continuing education credit availability, contact the CEAHEC office at (541) 388-7710. CME and CE credits are available for many of the offerings listed here.**

■ Current Telehealth Broadcast Locations in the Cascades East Region: Central Oregon Community Hospital, Harney District Hospital, Lake District Hospital, Mountain View Hospital District, Pioneer Memorial Hospital. (Also available at Blue Mountain Hospital)

● For more information on CME or CE programs and credits offered by Merle West in Klamath Falls, please contact Wanda Young, Merle West CME Coordinator at (541) 882-6311. Please contact Wanda for more information about Grand Rounds, RMT Rounds, and ER and Pediatric Journal Club.

# March 2003

## Cascades East Area Health Education Center

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						<b>1</b> ♦ACLS Renewal Course (SCMC)
<b>2</b>	<b>3</b> ♦Spanish Medical Terminology II	<b>4</b> ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	<b>5</b> ♦Sisters of Prov. Videoconf at Merle West ♦SCMC Cancer Clinical Conf. ♦Anatomy/Physiology Class	<b>6</b> ♦Merle West Internal Med Journal Club ♦Spanish Skills Enhancement ♦SCMC Multid. Breast Conf	<b>7</b> ♦SCMC Grand Rounds	<b>8</b> ♦Pre-Hosp Trauma Life Support  ♦ACLS Completion Course
	BLS INSTRUCTOR COURSE					
<b>9</b> ♦Pre-Hosp Trauma Life Support  ♦ACLS Completion Course	<b>10</b> ♦Spanish Medical Terminology II	<b>11</b> ♦Merle West Grand Rounds  ♦SCMC Cardiac Clinical Conference	<b>12</b> ♦Sisters of Providence Video conf. at Merle West ♦CE Teleconf Series Winter Emergencies	<b>13</b> ♦Spanish Skills Enhancement Class	<b>14</b> ♦SCMC Grand Rounds	<b>15</b> ♦Adult & Ped Heartsaver CPR or First Aid  ♦Traumatic Brain Injury Instructor Course
<b>16</b>	<b>17</b> ♦SCMC Trauma Clinical Conference  ♦Spanish Medical Terminology II	<b>18</b> ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference ♦Ped Nursing Update	<b>19</b> ♦Sisters of Providence Video conference at Merle West  ♦BLS for HCP Completion Course	<b>20</b> ♦Merle West Pediatric Journal Club ♦Spanish Skills Enhancement	<b>21</b> ♦SCMC Grand Rounds	<b>22</b> ♦ACLS Renewal Course (COCH)
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<b>30</b>	<b>31</b>					

### For information about March Health Observations:

**American Dietetic Association:**  
 phone: (312) 899-0040 ext. 4771  
 web: [www.eatright.org](http://www.eatright.org)

**National Association of Social Workers:**  
 phone: (800) 638-8799  
 web: [www.socialworkers.org](http://www.socialworkers.org)

**March is  
 Nutrition Month  
 Social Work Month**

# March 2003 Calendar Program Information

- Mar 1** **ACLS Renewal Course:** SCMC, Classrooms F,G & H, 8:00 - 4:30 p.m.; \$160 course fee (includes lunch); \$25 ACLS Provider Manual and \$10 Handbook of ECC available. Pre-registration is required: contact (541) 388-7710 to register or for further info.
- Mar 3** **Spanish Medical Terminology II:** Applications required; part of Portland Community College Healthcare Interpreter Training Program. Contact Lyn Bogie at Cascades East AHEC, (541) 383-6861 for more information. ■
- Mar 3-4** **BLS Instructor Course:** SCMC, Conference Room C, 8:00 a.m. - 5:00 p.m. for Completion and Renewal; 8:00 a.m. - 12:00 p.m., day two for Completion only. \$200 Completion Course fee; \$130 Renewal Course fee. Pre-registration required, course texts available, contact (541) 388-7710 to register and for more information.
- Mar 4** **Merle West Grand Rounds:** Topic to be Announced, SDR, 7:00 - 8:00 a.m., monthly each Tuesday. ●
- Mar 4** **SCMC Cardiac Clinical Conference:** SCMC, Conference Room D, Telehealth broadcast, 12:30 - 1:30 p.m., monthly each Tuesday. ■
- Mar 5** **Sisters of Providence Videoconference at Merle West:** Topic To Be Announced, LRC, 8:00 - 9:00 a.m., monthly each Wednesday. ●
- Mar 5** **SCMC Cancer Clinical Conference (Tumor Board):** SCMC, Conference Rooms A & D, Telehealth broadcast, 7:00 - 8:00 a.m., monthly each Wednesday. ■
- Mar 5** **Anatomy and Physiology Class:** Applications required; part of Portland Community College Healthcare Interpreter Training Program. Contact Lyn Bogie at Cascades East AHEC, (541) 383-6861 for more information. ■
- Mar 6** **Merle West Internal Medicine Journal Club:** SDR, 7:00 - 8:00 a.m., first Thursday of each month. ●
- Mar 6** **SCMC Multidisciplinary Breast Conference:** SCMC, Conference Room D, 7:00 - 8:00 a.m., monthly each Thursday.
- Mar 6** **AHEC Spanish Skills Enhancement Class:** Applications required; part of Healthcare Interpreter Training Program. Contact Lyn Bogie at Cascades East AHEC, (541) 383-6861 for more information. ■
- Mar 7** **SCMC Grand Rounds: "A Digital Radiology Review,"** Patrick Brown, M.D., Central Oregon Radiology Associates, Bend. SCMC, Conference Rooms C & D, Telehealth broadcast, 7:00 - 8:00 a.m. ■
- Mar 8-9** **Pre-Hospital Trauma Life Support:** SCMC, Conference Room A, 8:00 a.m. - 4:30 p.m. \$170 course fee; \$45 PHTLS Text also available. Continuing Education program for pre-hospital emergency health professionals that focuses on the care of the trauma patient. Pre-registration required, contact (541) 388-7710 to register and for further information.
- Mar 8-9** **ACLS Completion Course:** COCH Campus, \$240 course fee includes meals and breaks. Pre-registration is required; \$25 ACLS Provider Manual fee and \$10 Handbook of ECC (recommended). Contact (541) 388-7710 to register or for further information.
- Mar 12** **Continuing Education Teleconference Series: "Winter Emergencies,"** SCMC Conference Room A, 6:30 - 8:30 p.m. Pre-registration and \$10 fee; contact (541) 388-7710. ■
- Mar 14** **SCMC Grand Rounds: "The Migration Toward Electronic Medical Records,"** Physician Representative from Cerner, SCMC, Conference Rooms C & D, Telehealth broadcast, 7:00 - 8:00 a.m. ■
- Mar 15** **Adult & Pediatric Heartsaver CPR and/or First Aid:** SCMC, Classrooms F, G & H, 8:00 - 11:00 a.m. or 8:00 a.m. - 5:00 p.m., \$28 for either Adult or Pediatric CPR certification or \$50 for both. Pre-registration is required, contact: (541) 388-7710 to register or for further information.
- Mar 15** **Traumatic Brain Injury Instructor Course:** SCMC, Conference Room A, 8:00 a.m. - 4:30 p.m. \$50 course fee includes breaks and lunch. Pre-registration is required, contact (541) 388-7710 to register and for further information.
- Mar 17** **SCMC Trauma Clinical Conference:** SCMC, Conference Room A, Telehealth broadcast, 7:00 - 8:00 a.m., third Monday every other month. Contact Julie Ortman, RN, BSN, at (541) 382-4321, ext. 7127 for further information. ■
- Mar 18** **Pediatric Nursing Update:** SCMC, Conference Rooms A & B, 7:45 a.m. - 12:00 p.m. and repeats 12:45 - 5:00 p.m. Morning class may be broadcast via Telehealth, pre-registration required. Contact (541) 388-7710 for further information. ■
- Mar 19** **BLS for Healthcare Providers Complete Course:** SCMC Campus, 8:00 a.m. - 2:00 p.m., \$40 course fee and pre-registration required. Contact (541) 388-7710 for further information.
- Mar 20-21** **Resiliency and Renewal:** Two-day workshop builds on the ideas, skills and experiences introduced in PCT: Healing Our Workplace. Introduces research-based resiliency skills for the workplace to help prevent burnout. Pre-requisite; pre-registration and fee required. Contact SCMC (541) 388-7710 for registration or brochure. SCMC Campus, Conference Room E, 8:00 a.m. - 5:30 p.m.
- Mar 20** **Merle West Pediatric Journal Club:** 7:00 a.m., call Wanda Young at (541) 822-6311 for more information. ●
- Mar 21** **SCMC Grand Rounds: "Judicious Use of Antibiotics,"** Ann Thomas, MD, MPH, Medical Epidemiology Office of Disease Prevention & Epidemiology, Oregon Health Services, and Richard Fawcett, MD, Internal Medicine/Infectious Diseases, BMC, Bend. SCMC, Conference Rooms C & D, Telehealth broadcast, 7:00 - 8:00 a.m. ■
- Mar 22** **ACLS Renewal Course:** COCH Campus, 8:00 - 4:30 p.m.; \$160 course fee (includes lunch); \$25 ACLS Provider Manual and \$10 Handbook of ECC available. Pre-registration is required: contact (541) 388-7710 to register or for further information.
- Mar 25** **Merle West RMT Ground Rounds:** call Wanda Young at (541) 822-6311 for more information. ●
- Mar 28** **SCMC Grand Rounds: "The Medical Home for Children & Adults with Special Health Needs,"** Peter Boehm, MD, Central Oregon Pediatric Associates, Bend. SCMC, Conference Rooms C & D, Telehealth broadcast, 7:00 - 8:00 a.m. ■

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## Ex-Officio Advisory Board Members

John Saultz, M.D., Director  
Oregon AHEC Program,  
OHSU  
Portland

Lisa Dodson, M.D.  
Deputy Director  
AHEC Program Office, OHSU  
Portland

Lois Vallerga, Vice President  
Learning and  
Organizational Development  
Cascade Health Services  
Bend

Margaret Kolata, Director  
Regional Services  
St. Charles Medical Center  
Bend

Wendy Schechter, Ph.D.,  
Director Health and Learning  
Cascade Health Services  
Bend

## CEAHEC Staff

Jennifer Valentine, MSPH  
CEAHEC Executive Director  
Health and Learning  
St. Charles Medical Center  
Bend (541) 617-2603

Leslie Terrell, EMT-P  
CE Coordinator, CEAHEC  
Health and Learning  
St. Charles Medical Center  
Bend (541) 322-4713

# EMS Enhancement Grant Program

Grant funds are available through the Office of Rural Health EMS Enhancement Fund grant program. So far the program has assisted approximately 100 EMS agencies with nearly \$1.0 million in grant awards.

Grant funds can be used for the purchase of emergency medical equipment, the establishment of new rural EMS systems or the improvement of existing EMS systems. Though there is no maximum amount that an agency can request in its application, there is usually about \$75,000 to award each quarter. Awards have ranged from \$500 to \$80,000, and the average grant award to date is approximately \$13,500.

You may apply for grant funds at any time. Applications are reviewed four times a year, with the assistance of the EMS Advisory Committee of the Rural Health Coordinating Council (RHCC).

The upcoming deadlines are as follows:

- March 17, 2003 deadline for April 17, 2003 review

- June 17, 2003 deadline for July 17, 2003 review
- September 16, 2003 deadline for October 16, 2003 review

If you have questions about the application process or need help preparing your application, please contact Jean Chung at (503) 494-4450, or e-mail her at chungj@ohsu.edu Also visit the web site to get more information and get the application forms at: <http://www.ohsu.edu/oregonruralhealth/emspg>.

## **New EMS Programs to Note!**

- March 8-9** Pre-Hospital Trauma Life Support, for pre-hospital emergency health professionals that focus on care of trauma patients.
- March 12** "Winter Emergencies", First Responder/ EMT CE Teleconference Series.
- March 15** Traumatic Brain Injury Instructor Program, for optimal management of pre-hospital traumatic brain injured patients.

Pre-registration required for all, call (541) 388-7710.

## QUESTIONS OR COMMENTS ON THIS ISSUE?

If you have questions about information in this issue of Cascades East AHEC News, please call us at our program office (541) 388-7710 or send an email to: [mtorsen@scmc.org](mailto:mtorsen@scmc.org)

## DO YOU HAVE PROGRAMS YOU WANT TO ANNOUNCE IN THIS PUBLICATION?

Send us an email or give us a call to place upcoming programs in the Cascades East Area Health Education Center Regional News! Deadline for information is the 20th of each odd month. For submissions or questions, please contact Michelle Torsen at (541) 388-7710 or [mtorsen@scmc.org](mailto:mtorsen@scmc.org).

2500 NE Neff Road  
Bend, Oregon 97701

at St. Charles Medical Center

**AHEC**  
Cascades East

