



*To promote solid health career pathways for elementary through high school students, particularly those from rural and underserved communities.*



Cascades East AHEC

# Teacher Resources K-3



**Cascades East AHEC**

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#### Puppet Program Topics

- Health Careers
- Safety
- 911
- Nutrition
- Handwashing
- Dental Hygiene
- Exercise

Please contact us today to schedule a puppet show for your school.

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Cascades East AHEC is located in Bend, Oregon at St. Charles Health System. We offer many K-12 programs for central Oregon teachers and students.

Kindergarten-3rd Grade Puppet Program Objectives:

- To introduce health careers, healthcare and healthy habits through a fun and educational method
- To help teachers accomplish the state and national content standards required in health and science
- To encourage and motivate our youth in health and science career pathways