

Primary Care / Mental Health Care

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History

UNM: ½ Psych, ½ Family Practice
Multi-Disciplinary Clinic

Samaritan Mental Health
½ inpatient, ½ outpatient

PsychEducation.org

- Abbott
- GlaxoSmithKline
- AstraZeneca

Current

Corvallis Psych' Services
Co-Psych.com

PsychEducation.org

Dancing with Pharma

- 30% patients un/underinsured
- Website free, no advertising
- BipolarWorld.net Ask-a-Doc >5 years
- Free Clinic > 5 years

A. Rapid Access Psychiatry

- Consultation only (1-2 visits)
- Within 2 weeks
- Sustainability?

B. Website for primary care providers

- Bipolar dx/rx primer
- Resource center
- Too busy to drink?

1. Telephone consultations
- Better than nothing
2. Screening for bipolarity
(MDO: Mood Disorders Q)
MoodCheck
3. "Lunch and learn"
- 1-2 concepts; little f/u
- Pharma conflict
4. Website for patients/families
- 40,000/mo x 5 yrs
- + feedback, else no data
5. Co-location
- Convenient ; > 90% show
- Why not more?
- Consult or transfer care

Financing mental health and substance use disorder
care within physical health: a look to the future.
Kathol R et al. Psychiatr Clin North Am. 2008 Mar

Works (some)	
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<p>Phelps J, Ghaemi N. Improving the diagnosis of bipolar disorder: predictive value of screening tests. <i>J Affect Disord</i>, 2006</p>	

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<p>Phelps J et al. Validity and utility of bipolar spectrum models. <i>Bipolar Disorders</i>, 2008 DIGFAST: add WHIPLASHED</p>	

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<p>PsychEducation.org; Primary Care Providers Resource Center; download MoodCheck</p>	

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