

Cascades East AHEC News

Feb. - March 2002

Brain Awareness Season In Oregon: Discovering The Life of The Brain

OMSI and OHSU are teaming up to sponsor numerous events highlighting the life of the brain during 2002 National Brain Awareness Week, March 11- 17. And some of the festivities are starting already! Brain Awareness Season has officially begun. In addition to a five week OPB series on the brain, a new OMSI exhibit "The World Inside Your Head" is open to the public through May.

A birthday party will be held at OMSI for Einstein on March 9th, along with a Brain Bowl for high school students. A Brain Fair and Brain Games will be held in the afternoons of March 9th and 10th, along with a teachers' conference on the 9th. Noted author Richard Reystack, MD will be presenting a keynote talk entitled "The Ever Developing Brain" on Sunday, March 10th at 7:30 p.m. (to pre-register, call 503-418-2515).

Scientists are beginning to understand how

subtle changes in the brain's architecture and chemistry enable us to speak and read, feel, love, and desire, think rationally and remember a lifetime's experiences-and how abnormal brain function can cause a learning disability, drug addiction, stroke, schizophrenia, or memory impairment.

The many activities associated with this year's Brain Awareness Season will build on the theme of the brain throughout its lifetime with a variety of opportunities for different groups/ages to interact with brain science, brain scientists and brain science educators.

If you can't make it to Portland, they have a virtual tour and brain games on their website (www.pfizer.com/brain) to share with your children or your co-workers. Either way there is plenty of opportunity to have some fun and learn something new. Check out the full

Upcoming Educational Opportunities Outside the Region

February 22—"Winter Women's Health Symposium for Women's Care Providers", sponsored by Sacred Heart Medical Center, Eugene, OR. No fee but pre-registration required, SHMC Medical Education, PO Box 10905, Eugene, OR, 97440

February 28—"Strategies for Understanding Fluid, Electrolyte, Acid-Base Interactions and Renal Failure", Karen K. Carlson, RN, MN, Smullin Center, Rogue Valley Medical Center, Medford, OR sponsored by the Pacific Crest Regional Chapter of the American Association of Critical Care Nurses. www.aacn.org or call Elaine Ritchey at 541-779-1837.

March 6-7—"Acute Coronary Events: Assessment and Management", Linda Wright, RN, CCRN, Doubletree Hotel, Portland [\[edseminars.com\]\(http://edseminars.com\) or 1-800-763-3332. Same presentation in Tacoma on March 13-14.](http://www.med-</p></div><div data-bbox=)

March 7-8—"Northwest Neuroscience Symposium for Nurses and other Allied Health Professionals", Eugene, OR. One or two-day rates available. Call 1-541-895-4403 or email NNNeuro@aol.com for more information.

March 8-9—"PALS Course". Salem, OR Contact Shelly Keller at 503-561-5639

March 9-10—"4th Annual North Douglas County Rural EMS and Fire Retreat", Big K Guest Ranch in Elkton, OR, for more information e-mail dnewell@nu-world.com

March 13-14—"PALS Course". Providence Hood River Hospital, Hood River, OR. Contact Doug Epperson at 541-386-3939 ext. 62 or doug@ci.hood-river.or.us

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*Ex-Officio Board Members
Listed on Page 5*

February 2002

Cascades East Area Health Education Center



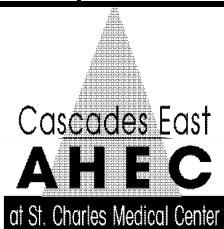
Sun	Mon	Tue	Wed	Thu	Fri	Sat
February is American Heart Month National Children's Dental Health Month Wise Health Care Consumer Month				1 ♦SCMC Grand Rounds National Patient Recognition Week Feb. 1-7	1 ♦SCMC Grand Rounds ♦COCC Basic EKG Course, Session 3	2 ♦ACLS Completion Course - Day 1
3 ♦ACLS Completion Course - Day 2	4 Pride in Food Service Week, Feb. 4-8	5 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	6 ♦Sisters of Providence Video-conference at Merle West	7	8 ♦SCMC Grand Rounds ♦COCC Basic EKG Course, Session 4	9 ♦ACLS Renewal Course
10 Cardiovascular Professionals Week, Feb. 10 - 16	11 ♦BLS for Healthcare Providers	12 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	13 ♦Sisters of Providence Video-conference at Merle West	14 People Centered Teams I	15 ♦SCMC Grand Rounds ♦COCC Basic EKG Course, Session 5	16
17	18	19 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	20 ♦Sisters of Providence Video-conference at Merle West ♦Merle West Internal Medicine Journal Club	21 ♦Merle West Pediatric Journal Club	22 People Centered Teams: Healing Our Workplace II -	23
24	25	26 ♦Merle West RMT Rounds ♦SCMC Cardiac Clinical Conference	27 ♦Sisters of Providence Video-conference at Merle West	28	Early Registration Deadline for 13th Annual Northwest States Trauma Conference Due By March 15th! This year's conference will be held in Sunriver, April 17-19. For more information contact OHSU Trauma Program at 503-494-7381.	

For information about February Health Observations:

American Heart Month: www.americanheart.org; or phone 1-800-AHA-USA1.
 Children's Dental Health Month: www.ada.org; or phone 1-800-947-4746.
 Wise Health Care Consumer Month: www.healthylife.com; phone 1-248-539-1800
 1-7 National Patient Recognition Week: www.strategicvisionsinc.com; phone 1-205-995-8495

Health Careers to Honor for February:

4-8 Pride in Food Service Week: www.dmaonline.org; phone 1-603-587-6336
 10-16 Cardiovascular Professionals Week: www.acp-online.org; phone 1-757-497-1225



February 2002 Calendar Program Information

February 1 —SCMC Grand Rounds: "Quality Processes: Autonomy versus Professionalism," Dean Sharpe, MD, Vice President of Medical Affairs, St. Charles Medical Center, Bend, OR. SCMC, telehealth broadcast, 7:00 - 8:00 a.m. ■

February 1 —COCC Basic EKG Course: Nursing 218 Nancy Zavacki, RN, MSN, Course intended for RN's, LPN's, CNA's and EMT's, prior EKG experience not required. Course started in January and continues on Fridays through February 15, 2002. For future COCC class schedules or programs to be available by telehealth, contact Nancy with questions at (541) 383-7546. SCMC, Fridays, 10:00 a.m. - 12:00 p.m. ■

February 2 & 3 —ACLS Completion Course - SCMC Campus, Bend, 7:30 - 4:30 p.m. both days. \$225.00 tuition fee, pre-registration is required. Contact SCMC Center for Health and Learning at 541-388-7710 to register.

February 5 —Merle West Grand Rounds: "Topic To Be Announced," SDR, 7:00 - 8:30 a.m. ●

February 5 —SCMC Cardiac Clinical Conference: SCMC, telehealth broadcast, 12:30 - 1:30 p.m. ■

February 6 —Sisters of Providence Videoconference at Merle West: "Topic To Be Announced," LRC, 8:00 - 9:00 a.m. ●

February 8 —SCMC Grand Rounds: "Critical Care Clotting Catastrophes," Thomas DeLoughery, MD, Assistant Professor of Medicine, Division of Hematology/Oncology, OHSU, and Matthew Hegewald, MD, Internal Medicine/Pulmonology, Bend Memorial Clinic. SCMC, telehealth broadcast, 7:00 - 8:00 a.m. ■

February 9 —ACLS Renewal Course - COCH Campus, Redmond, OR. 145.00 tuition, book fee of 25.00, and pre-registration is required. Contact Center for Health and Learning at 541-388-7710 to register. CLASS FULL, spaces still available In the March 16 class at SCMC Campus, Bend.

February 11 — American Heart Association BLS for Healthcare Providers (CPR) - SCMC Campus, Bend, 8:00 - 5:00 pm. \$38.00 tuition fee and pre-registration required. Contact SCMC Center for Health and Learning at 541-388-7710 to register.

February 12 —Merle West Grand Rounds: "Topic To Be Announced," SDR, 7:00 - 8:30 a.m. ●

February 12 —SCMC Cardiac Clinical Conference: SCMC, telehealth broadcast, 12:30 - 1:30 p.m. ■

February 13 —Sisters of Providence Videoconference at Merle West: "Topic To Be Announced," LRC, 8:00 - 9:00 a.m. ●

February 14 & 15 —People Centered Teams: Healing Our Workplace I: Two-day Workshop to promote personal and organizational effectiveness. Designed to help management and employees move more effectively through the rapid changes in today's healthcare environment and based on decades of applied research in organizational development, it employs business training models used by today's most successful organizations. Tuition fee and pre-registration is required, contact SCMC Center for Health and Learning at 541-388-7710 to register or receive a brochure. CLASS FULL, DATES AVAILABLE IN APRIL, MAY and beyond.

February 15 —SCMC Grand Rounds: "The Clinical Spectrum of Benign Recurring Headaches and their Treatments," Stephen Ireland, MD, Neurologist, Bend, OR. SCMC, telehealth broadcast, 7:00 - 8:00 a.m. ■

February 19 —Merle West RMT Rounds: "Topic To Be Announced," SDR, 7:00 - 8:30 a.m. ●

February 19 —SCMC Cardiac Clinical Conference: SCMC, telehealth broadcast, 12:30 - 1:30 p.m. ■

February 20 —Sisters of Providence Videoconference at Merle West: "Topic To Be Announced," LRC, 8:00 - 9:00 a.m. ●

February 21 —Merle West Internal Medicine Journal Club: contact Wanda Young for more information. ●

February 21 —Merle West Pediatric Journal Club: 7:00 a.m. ●

February 21 & 22 —People Centered Teams: Healing Our Workplace II - Resiliency and Renewal - Two-day workshop which builds on the ideas, skills and experiences introduced in the Healing Our Workplace I. Introduces research-based resiliency skills for the workplace to help prevent burnout. Pre-registration and fee required. St. Francis Parish Center, Downtown Bend, 8:00 a.m. - 5:30 p.m. Contact SCMC 541-388-7710 for registration or a brochure. CLASS FULL, DATES AVAILABLE IN APRIL, MAY and beyond.

February 26 —Merle West RMT Rounds: "Topic To Be Announced," SDR, 7:00 - 8:30 a.m. ●

February 26 —SCMC Cardiac Clinical Conference: SCMC, telehealth broadcast, 12:30 - 1:30 p.m. ■

February 27 —Sisters of Providence Videoconference at Merle West: "Topic To Be Announced," LRC, 8:00 - 9:00 a.m. ●

For additional information regarding events listed here, including information about continuing education credit availability, contact the CEAHEC office at 541-617-2603. CME and CE credits are available for many of the offerings listed here.

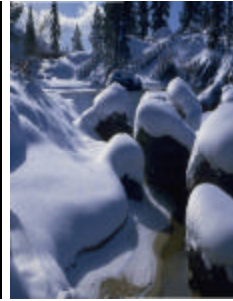
■ Current Telehealth Broadcast Locations in the Cascades East Region: Central Oregon Community Hospital, Harney District Hospital, Lake District Hospital, Pioneer Memorial Hospital (also available at Blue Mountain Hospital).

SCMC Grand Rounds are located in the East Dining Room on the second floor.

● For more information on CME or CE programs and credits offered by Merle West in Klamath Falls, please contact Wanda Young, Merle West CME Coordinator at (541) 882-6311. ⇨ February schedule was not complete at time of this publication; please contact Wanda for more information about Grand Rounds, Sisters of Providence Video Conference Sessions, RMT Rounds, and ER and Pediatric Journal Club.

March 2002

Cascades East Area Health Education Center



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	MARCH is Colorectal Cancer Awareness Month National Kidney Month National Nutrition Month National Social Work Month				1 ♦SCMC Grand Rounds ♦Cancer Care and Chemotherapy Review	2
3	4	5 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	6 ♦Sisters of Providence Video-conference at Merle West	7	8 ♦SCMC Grand Rounds	9 ♦North Douglas County Rural EMS & Fire Retreat - Day 1
10 ♦North Douglas County Rural EMS & Fire Retreat - Day 2	11	12 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference	13 ♦Sisters of Providence Video-conference at Merle West	14	15 ♦SCMC Grand Rounds	16 ♦ACLS Renewal Course
	Brain Awareness Week; Mar. 11-17		PALS Course - Hood River		PALS Course - Salem	
17	18	19 ♦Merle West Grand Rounds ♦SCMC Cardiac Clinical Conference ♦S.T.A.B.L.E. Program	20 ♦Sisters of Providence Video-conference at Merle West ♦Merle West Internal Medicine JC ♦S.T.A.B.L.E. Program	21 ♦Merle West Pediatric Journal Club ♦SCMC Trauma Clinical Conference	22	23
				People Centered Teams: Healing Our Workplace I		
24	25	26 ♦Merle West RMT Rounds ♦SCMC Cardiac Clinical Conference	27 ♦Sisters of Providence Video-conference at Merle West	28	29	30
	BLS Instructor Course					National Doctor's Day
31	Don't forget the April 4th Early Registration Deadline for the Annual Kinsman Conference! Caring For the Health Professional: Addressing Unresolved Ethical Conflicts will be held on April 25 and 26 in Bend, OR at The Riverhouse Hotel and Resort. To register or receive a conference brochure call 541-388-7710.					

For information about March Health Observations:

Colorectal Cancer Awareness Month: www.cancer.org, phone 1-800-ACS-2345

National Kidney Month: www.kidney.org; phone 1-800-622-9010

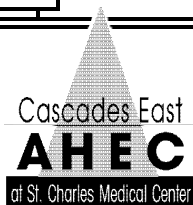
National Nutrition Month: www.eatright.org; 1-312-899-0040

11 - 17 Brain Awareness Week: www.dana.org/brainweek or check out special events at Oregon Museum of Science and Industry co-sponsored by OHSU at www.omsu.org/explore/featured/brain/

Health Careers To Honor for March

National Social Work Month: www.socialworkers.org; 1-800-638-8799

30 National Doctor's Day: www.sma.org; 1-800-423-4992



March 2002 Calendar Program Information

March 1 —SCMC Grand Rounds: “Issues in Current HIV Management:: Case Presentations,” Rick Goldstein, MD, Internal Medicine, Bend Memorial Clinic. SCMC, telehealth broadcast, 7:00 - 8:00 a.m. ■

March 1 —Cancer Care and Chemotherapy Review: Designed as a comprehensive review of the disease process of cancer and the nursing care of the cancer patient. Emphasis is on cancer overview and staging, chemotherapeutics and symptom management. Contact SCMC Center for Health and Learning at 541-388-7710 to register. SCMC Campus, Bend. 8:00 a.m. - 5:00 p.m., March 1st, and 8:00 - Noon, March 8 Skills Lab (attendance at March 1st session required for participation in skills lab on the March 8)

March 5 —Merle West Grand Rounds: “Topic To Be Announced,” SDR, 7:00 - 8:00 a.m. ●

March 5 —SCMC Cardiac Clinical Conference: SCMC, telehealth broadcast, 12:30 - 1:30 p.m. ■

March 6 —Sisters of Providence Videoconference at Merle West: “Topic To Be Announced,” LRC, 8:00 - 9:00 a.m. ●

March 7 & 8 —People Centered Teams: Healing Our Workplace II - Resiliency and Renewal - Two-Day Workshop which builds on the ideas, skills and experiences introduced in the Healing Our Workplace I. Pre-registration and fee required. Contact SCMC 541-388-7710 for registration. CLASS FULL, DATES IN APRIL, MAY and beyond.

March 8 —SCMC Grand Rounds: “Healthy Aging: The Art and Science of Growing Old and Remaining Well,” Michael Harris, MD, Internal Medicine, Bend Memorial Clinic. SCMC, telehealth broadcast, 7:00 - 8:00 a.m. ■

March 8 & 9 —PALS Course - Salem, OR. Contact Shelly Keller at 503-561-5639

March 9 —4th Annual, North Douglas County Rural EMS & Fire Retreat: Big K Guest Ranch (www.big-k.com) in Elkton, OR, for information e-mail dnewell@nu-world.com.

March 12 —Merle West Grand Rounds: “Topic To Be Announced,” SDR, 7:00 - 8:00 a.m. ●

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March 13 —Sisters of Providence Videoconference at Merle West: “Topic To Be Announced,” LRC, 8:00 - 9:00 a.m. ●

March 13 & 14 —PALS Course: Providence Hodd River Hospital, Hood River OR. Tuition and pre-registration required, contact Doug Epperson at 541-386-3939 ext 62 or doug@ci.hood-river.or.us.

March 15 —SCMC Grand Rounds: “High Protein/Low Carbohydrate Diets: Why do they work? As physicians, how should we counsel or evaluate our patients?,” Richard MacDonell, MD, Bend Internal Medicine. SCMC, telehealth broadcast, 7:00 - 8:00 a.m. ■

March 16 —ACLS Renewal Course - \$145 tuition, book fee of \$25, and pre-registration is required. Contact SCMC Center for Health and Learning at 541-388-7710 to register, SCMC Campus, Bend.

March 19 —Merle West Grand Rounds: “Topic To Be Announced,” SDR, 7:00 - 8:00 a.m. ●

March 19 —SCMC Cardiac Clinical Conference: SCMC, telehealth broadcast, 12:30 - 1:30 p.m. ■

March 19 & 20 —S.T.A.B.L.E. Program: 75.00 tuition fee and pre-registration is required. Contact SCMC Center for Health and Learning at 541-388-7710 to register. SCMC Campus, Bend. 8:00 - 4:00 p.m.

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March 20 —Merle West Internal Medicine Journal Club, contact Wanda Young for more information. ●

March 21 —Merle West Pediatric Journal Club, 7:00 a.m. ●

March 21 —SCMC Trauma Clinical Conference, contact Julie Ortman, RN, BSN at (541) 382-4321, ext. 7127, 7:00 - 8:00 a.m. ■

March 21-22 —People Centered Teams I: Healing our Workplace: Two-day workshop, see description in Feb. calendar info. Tuition fee and pre-registration is required, contact SCMC Center for Health and Learning at 541-388-7710 to register. CLASS FULL, DATES AVAILABLE IN APRIL, MAY and beyond.

March 25-26 —BLS Instructor Courses - Completion and Renewal; SCMC Campus, Bend. . Tuition and book fees apply, pre-registration is required, contact SCMC Center for Health and Learning at 541-388-7710. 8:00 - 4:00 pm 1st Day, 8:00 - 1:00 p.m. 2nd Day.

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SANE Training, March 11-15, 2002



Program Description:

This course is intended as training for registered nurses with an interest in becoming Sexual Assault Nurse Examiners. Topics include an overview of forensic nursing, assessment and interviewing techniques, evidence collection, documentation, and participation in a mock trial. There will also be presentations on strangulation, blunt force trauma and forensic photography of skin surface injuries.

Some of the course objectives include:

- ◇ Describe interviewing techniques
- ◇ Discuss the use of date rape drugs
- ◇ Define forensic nursing
- ◇ Discuss IAFN standards of practice for SANE
- ◇ Discuss the dynamics of rape trauma
- ◇ Describe pathophysiology of blunt force

- ◇ trauma/strangulation
- ◇ Demonstrate forensic photographic and evidence collection techniques
- ◇ Describe the proposed Oregon State Rape Kit Form
- ◇ Discuss Oregon laws related to sexual assault
- ◇ Participate in mocktrial

You can sign up for the whole course, or attend one of the following sessions individually:

- Blunt Force Trauma
March 13, 10:00 a.m. - 12:00 p.m.
- Photographs
March 13, 1:00 - 3:00 p.m.
- Strangulation
March 14, 8:00 - 10:00 a.m.

To register contact the Center for Health and Learning at St. Charles by calling 541-388-7710. Registration deadline of March 1st, however class may fill before deadline. Class will be

QUESTIONS OR COMMENTS ON THIS ISSUE?

If you have questions about information in this issue of Cascades East AHEC News, please call us at our program office (541) 617-2603 or send an e-mail to: jvalenti@scmc.org

DO YOU HAVE PROGRAMS YOU WANT TO ANNOUNCE IN THIS PUBLICATION?

Send us an email or give us a call to place upcoming programs in the Cascades East Area Health Education Center Regional News! Deadline for information for the April - May 2002 issue is March 15. For submissions or questions, please contact Jennifer Valentine at (541)617-2603 or jvalenti@scmc.org

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